

October

2024

PROJECT EDEN – OUTPATIENT GROUPS AND ACTIVITIES

Youth SUD Prevention Focused Groups & Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	3	4	5
6	7 6:00 pm-7:00 pm Effects of Long term Substance Use Youth SUD prevention group with Monique Barroso	8	9 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	10	11	12
13	14 6:00 pm-7:00 pm Identifying Triggers Youth SUD prevention group with Monique Barroso	15	16 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	17	18	19
20	21 6:00 pm-7:00 pm Discovering Healthy Coping Strategies Youth SUD prevention group with Monique Barroso	22	23 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	24	25 5:00 pm-7:00 pm LAMDA Drop-In Center Halloween party 	26
27	28 6:00 pm-7:00 pm Self-Care and Mindfulness Youth SUD prevention group with Monique Barroso	29	30 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	31		

November

2024

PROJECT EDEN – OUTPATIENT GROUPS AND ACTIVITIES

Youth SUD Prevention Focused Groups & Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 6:00 pm-7:00 pm Building Resilience Youth SUD prevention group with Monique Barroso	5	6 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	7	8	9
10	11 6:00 pm-7:00 pm Celebrating Progress Youth SUD prevention group with Monique Barroso	12	13 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	14	15	16
17	18 6:00 pm-7:00 pm Boundary Setting Youth SUD prevention group with Monique Barroso	19	20 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	21	22	23
24	25 6:00 pm-7:00 pm Self-Care and Mindfulness Youth SUD prevention group with Monique Barroso	26	27 5:00 pm-6:00 pm Youth SUD prevention group with Viktoria Kiss	28	29	30